
Is it Aggression or Action of the Youths??

Sandipa Meshram*
Shilpa Shaktawat**

Abstract

Aggression is an action that can harm other or himself, reaction to pain & fear. Aggression is coming from clash between elder & younger. A child observes it from environment; parents, friend, society and technology. They all are responsible facts for aggression of youth.. If a child regular argues with his parents and show his aggression. Parents should take step from his childhood. If a child always live in peaceful environment but the friend of child is aggressive in nature so he will also start to answering his parent's ,this time parents take action for change his friend. If a child is busy with parent's, sibling and playing so that his mind will not be diverted and they cannot frustrate much, but sometime need to appreciate new idea of child and give chance to do what he/she wants to do. Child likes the program in TV and react same thing in home with their sibling. If his interest to watch WWF and all the violent type of program he can adopt aggression from there. Give sometime for conversation and free from stress a small interaction with parents and sibling is adding happy movement in his life.

Introduction & Background

If parents shouts on child then he will get more aggressive and frustrate, Lack of understanding between parents & children is made a braze of both minds and after a long time it becomes an aggression and then parents also cannot handle their own child. Parents lived very simple life and they want same from youth. But youth can't, because generation is changed, era is changed and lots of updating in technology is there so they can't do the same. Now a neither days neither parents understand nor child youth. This problem is emerging by lack of understanding communication.

Parents want to take all the decision of their ward and expect that he will agree with them without any argument. And this is not possible in today's generation. If parents take cool actions with their ward so there can be a minimization of aggression is possible. Sometimes parents had hard day and react with child and show frustrating behavior. Children want attention & affection of their parents, if they do not got so they feel very bad and day by day their thoughts will turn into negative way and all thoughts may return in form of aggression. Child wants to share thoughts and talk with siblings but if they do not get response, they will feel lonely .If child like to watch violence in TV & play with dangers weapons so parents should try to change the interest of their child in

different things. If parents behave very well than child will learn from parents. If up-bringing is carefully done than it will reduce the cause of aggression in youth. Because a child becomes youth one day.

This is difference between culture, morality, thinking and up-bringing of and their ward. Parents had faced various stages of life, they are always say I know better than you and don't dare to teach me. And younger says time is completely change "I have many things in my mind please give me chance to prove myself". Indian culture is all about the respect of elder & love to younger, but youth do not take same so they get fail to return the same. The aggression emerges there also.

Very strong reason behind aggression of youth is they are unsatisfied with life. They feel lonely in their life they want attention from other but no one understand, even parents do not support youth's demand and they become aggressive . Parents do not want to understand what their child think or what they perceive. Elder only pout their thought to child & accept that they will do it very peacefully. But elder do not have interested to know generations thought what they actually want to do.

A youth's aggressive behavior from technological factor is also responsible for burgeoning aggression. If they saw costly mobile or using technology to their friend so that they want to reach that level and get the particular product if they failed to get so they get

*Student, Pioneer Institute of Professional Studies, Indore

**Student, Pioneer Institute of Professional Studies, Indore

frustrated why they are not able to use that particular product.

Comparison is a factor which influence aggression in youth, parents many time talk about their time and there generation was very good and new are useless they don't know about life, you don't have experience of life. Why you do not get good marks in your exam see your sister/brother she does better than you. Your friends also very good why not you do some better things in your life.

Even if we purchase cell phone/laptop there are already install very violent games, children use to play those games and they regularly perceive their aggressive nature. Youth are using technology, media, cell phones and internet to communicate with unknown person .various type of media available in internet like text messaging, chat room, social networking websites (facebook , whats app, my space) youth easily build relationship with those people they never met the person.

Social aggression is depending at younger ages, teacher may notice in school aggressive behavior of child, whereas older one can be surveyed directly about their experience.

In the case of corruption only way to change the system and to solve their problem. With changing times, the views of youth have also changed. This is for sure that this aggression is not only to fulfill their personal interests. Anger against injustice, is actually an essential positive emotion which should be encouraged and developed. Anger may be seen as a positive essential motivational force for those who struggle for social change.

No single factor can predict who is likely to engage in aggressive behavior, limited attention span, restlessness, risk-taking, poor social skills and certain beliefs and attitudes , students with certain disabilities like emotional disturbance, attention deficit-hyperactivity disorders, specific learning disabilities. Are more likely to display antisocial behavior, suggesting that these conditions may be risk factors for later aggressive.

School and community also help establish patterns of aggressive behavior. School factors include low school involvement, academic and social failure, lack of clarity and follow-through in rules and policies, poor and inconsistent administrative support, and few allowances for individual differences. Some communities lack features that help to prevent antisocial lifestyles, such as before- and after-school programs, recreational opportunities, and adult mentors. In addition, the absence of emotional or financial support, may lead to efforts to gain such support through antisocial behavior.

Conclusion

Failure makes youth aggressive. In this situation, parents should teach them the importance of success and failure. Youth should learn to accept the failure in life. Parents must become the moral support of their children when they are sad. Being a role model, they need to suggest them to behave in a certain way. Parents should not expect a lot from their children. They should understand the capability of their children and should not always expect more from their children.

Today's fast life, increasing completion and a never ending demand of materialistic pleasure has compelled the youth to lose their capability to be patient. The youth need to learn one thing - to draw the line. There has to be a limit to everything, which once exceeded can only generate negative results.

The crux of aggression in youth comes from various factors. Society, background of upbringing, media, culture, imagination, friends, environment, education, guidance, technology, trend, perception, gape with generation, access of parental involvement. Physical aggression often involves acts of violence taken with the intention of causing harm to the recipient, including death, by using weapons or even someone's bare hands. Anger is a frequent source of aggression, but aggressive behavior can also result from intoxication or frustration.

